

The book was found

2016 Recipes For Healthy & Whole Living Desktop Calendar



Synopsis

Enjoy simple, seasonal, and nourishing whole food recipes from A Couple Cooks. Each recipe is focused on getting flavor-packed and healthy ingredients on your table. The collection represents a variety of diets including vegetarian, vegan, and gluten-free, and recipes can be easily adapted to fit your particular lifestyle. You're sure to enjoy these delicious daily inspirations! All calendar pages are printed on FSC certified paper with environmentally safe inks.

Book Information

Calendar: 365 pages

Publisher: Time Factory; Box Pag edition (August 16, 2015)

Language: English

ISBN-10: 1624382460

ISBN-13: 978-1624382468

Product Dimensions: 5.4 x 5.5 x 1.6 inches

Shipping Weight: 1.1 pounds

Average Customer Review: 3.5 out of 5 stars 13 customer reviews

Best Sellers Rank: #1,095,664 in Books (See Top 100 in Books) #74 in Books > Calendars > Cooking #111 in Books > Calendars > Diet & Health #10324 in Office Products > Office Supplies > Calendars, Planners & Personal Organizers

Customer Reviews

I got this because I had TF publishing's recipe calendar last year. Not every recipe was a knock-out, but I got a lot of cool ideas. I'm also on Weightwatchers, so I wanted a similar calendar with more healthy recipes. I think this A Couple Cooks calendar is very creative, but I would call it more "wholesome" or "clean-eating" than healthy. For example, honey and dates are common sugar substitutes for dessert recipes, but ultimately the point/caloric values are still high. On the other side, I got recipes for salads, sandwiches, and dressed crackers, so light but not really interesting. Obviously I'm only in March, so there are hopefully many great recipes ahead, but I haven't been inclined to make one yet, and I made quite a few from last year's. I will say this calendar is gorgeous. Big color photos definitely draw the eye better than the plain text from 2015. This calendar also gives food tips on the weekends, which I find less useful than additional recipes. All in all, it's not exactly what I wanted, but it gives me a whole bunch of new recipes to think about. If I try one soon and it's awesome, I'll revise this, too.

Really excited to get this calendar. Wish it wasn't broken when I got it. But it was a gift and came just in time. So I glued it back and gave it to the person anyway. She still thinks it's really neat. Guess we will be trying some new meals next year.

The recipes in this calendar are very basic. As someone who's an adventurous cook, always looking for something new, interesting and flavorful, this calendar lacks ambition. As I'm writing this, today's recipe is Roasted Cauliflower. Can you guess how to roast cauliflower without looking at a recipe? I sure can. Does this recipe give me any new ideas? Um. Add garlic and lemon juice instead of the usual oil, salt and pepper. Thanks guys. I already do that to my asparagus. I purchased this wanting it to give me new ideas each day, to shake up our dinner routine. I've ended up throwing 75% of them away, keeping the most innovative, like Frozen Mint Chocolate Tarts made with coconut milk and Medjool dates. Sounds awesome! If only the other 75% were just as awesome. I gave it two stars for the 25% I keep. Maybe I need to come out with a Daily Dinner Calendar, since it seems no one else has. Hey "Food Fest 365", why don't YOU have a desk calendar yet? I love your book, could use a daily reminder of your awesomeness... Just Sayin'.

I was so excited when I saw that A Couple Cooks produced a daily calendar for 2016. Having 365 of their healthy and scrumptious recipes in a calendar is fantastic! As always, their photographs are beautiful, and the recipes are easy to follow. Our plan is to try out these recipes and keep the calendar, long after 2016.... I highly recommend you try these recipes - you will not be disappointed.

Wish there had been something in the description about the fact that this was a more vegetarian/meatless style of cooking. The recipes seem nice, but don't think I will make many of them as this is not the style of cooking my family enjoys. But then again, Meatless Mondays may be happening more frequently around here!

Boxed calendars related to cooking are harder to find. Like the page a day format. Gave it as a gift.

The calendar itself is nice and has good recipes and cooking tips. However, the packaging was in bad condition and the calendar was broken when it arrived.

Gift and daughter loves it.

[Download to continue reading...](#)

Whole: The 30 Day Whole Foods Challenge: Complete Cookbook of 90-AWARD WINNING Recipes Guaranteed to Lose Weight (Whole, Whole foods, 30 Day Whole ... Whole Foods Cookbook, Whole Foods Diet) Whole Food: The 30 Day Whole Food Challenge â “ Whole Foods Diet â “ Whole Foods Cookbook â “ Whole Foods Recipes (Whole Foods - Clean Eating) 2016 Recipes for Healthy & Whole Living Desktop Calendar Whole Food: The 30 day Whole Food Ultimate Cookbook 100recipes (Whole Food Diet, Whole Food Cookbook, Whole Food Recipes, Clean Eating, Paleo, Ketogenic) Whole Food: 60 Recipes of Complete Whole Food Diet to a Total 30 Day Transformation - The Whole Food 30 Diet Meal Plan Guide (30 Day Calendar Cookbook of Whole Foods) Low Calorie & Fat: Healthy Breakfast Recipes! Discover New Healthy Breakfast Ideas. Healthy Muffin Recipes, Healthy Smoothies, Healthy Egg Recipes and ... Only! (Low Calorie & Fat Recipes Book 1) 30 Day Whole Food Challenge: Complete 30 Day Whole Food Diet Meal Plan WITH PICTURES; Whole Foods Cookbook â “ Approved Whole Foods Recipes for Clean Eating and Rapid Weight Loss 30 Day Whole Food Challenge: Complete 30 Day Whole Food Diet Meal Plan WITH BLACK & WHITE PICTURES; Whole Foods Cookbook â “ Approved Whole Foods Recipes for Clean Eating and Rapid Weight Loss Whole: The 30 Day Whole Food Diet CookbookÂ© (The Healthy Whole Foods Eating Challenge - 120+ Approved Recipes & One Full Month Meal Plan for Rapid Weight Loss) 30 Day Whole Food Slow Cooker Challenge: Whole Food Recipes For Your Slow Cooker â “ Quick And Easy Chef Approved Whole Food Recipes For Weight Loss (Slow Cooker Cookbook) 30 Day Whole Food Slow Cooker Challenge: Quick and Easy Whole Food Slow Cooker Recipes For The Everyday Home â “ Delicious, Triple-Tested, Family-Approved Whole Food Recipes (Slow Cooker Cookbook) 30 Day Whole Food Slow Cooker Challenge: Whole Food Slow Cooker Recipes; Pictures, Serving, and Nutrition Facts for Every Recipe! Fast and Easy Approved Whole Foods Recipes for Weight Loss 30 Day Whole Food Slow Cooker Challenge: 100 Whole Food Slow Cooker Recipes with Photos and Nutrition Info for Every Meal; Approved Whole Foods Recipes for Rapid Weight Loss 30-Day Whole Food Slow Cooker Challenge: Whole Food Recipes For Your Slow Cooker â “ Fast ,Delicious and Easy Approved Whole Foods Recipes for Weight Loss! Dump Dinners: 101 Easy, Delicious, and Healthy Meals Put Together in 30 Minutes or Less! (dump dinners, dump dinner recipes, crockpot recipes, dump ... recipes, healthy recipes, healthy cooking) Whole: 29 Days Of Whole Eating And Top 50 Unique Paleo Inspired Recipes-Reset Metabolism And Lose Weight By Eating Whole Food Diet Whole Foods: 30-Day Whole Food Cleanse - Plant Based Whole Foods for Beginners, Including over 50 Delicious Recipes Southern Living 2016 Annual Recipes: Every Single Recipe from 2016 (Southern Living Annual Recipes) Horses Dreaming Calendar - Calendars 2017 - 2018 Calendar - Wild Horses Calendar - Animal Calendar -

Poster Calendar - Photo Calendar By Helma 30 Day Whole Foods Challenge: Beginner's Guide with 150+ Compliant and Yummy Recipes Guaranteed to Lose Weight (Slow Cooker Recipes, Whole Food Recipes, Sugar Detox, Food Addiction)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)